

Asian Cultural Festival 2008



Saturday, August 23rd
11:00AM-9:00PM



Miamisburg Library Park



FREE ADMISSION



Cultural Exhibits - Experience the cultures of China, India, Japan, Korea, Pakistan, the Philippines, and Vietnam

Food - Enjoy the flavors of Asia, from mild and subtle to hot and spicy!

Entertainment - Music on unique instruments and cultural dances

Family Activities - Workshops including Japanese kites, origami, Chinese knotting arts, Indian rangoli, theater masks, henna painting, Indonesian palm-weaving, children's story-telling, and much more...

Health Fair - Free health screenings (11 am to 3 pm) and information

Asian Cultural Festival (ACF) 2008



The ACF Health Fair: A Service to the General Public

- **Screenings**
 - Diabetes
 - Blood Pressure
 - Prostate Cancer
 - HIV
 - Vision
 - Anxiety
 - Depression
 - Osteoporosis
 - ADHD for children
- **Health Information/Workshops**
 - Communicable Diseases (including hepatitis B & TB)
 - Hand-Washing Demonstration/Activity for Children
 - Dental Care
 - Tobacco Prevention and Cessation
 - ✓ Information about effects of second-hand smoke (including asthma and cancer)
 - ✓ Strategies for resisting peer pressure among youth
 - ✓ Resources for cessation
 - Asian American Youth Council Display
 - ✓ Effects of peer mentors on preventing tobacco use
 - ✓ Information on hepatitis B
- **Screenings and Information** provided by the Public Health - Dayton and Montgomery County; Ohio Commission on Minority Health (Dayton Office); Alcohol, Drug Addiction and Mental Health Services; Samaritan Behavioral Health, Inc.; Academy Health Services; Premier Health Partners/Miami Valley Hospital; Regional Air Pollution Control Agency; Legal Aid Society; Asian American Youth Council; Hometown Urgent Care; Dr. Steve Sato; and Dr. Martin Fujimura.
- **A Community Outreach Effort:** In addition to serving the general public, the Health Fair will benefit those who are not accessing health services (due to economic, social, or cultural barriers). Organizations comprising the Asian American Council will recruit such individuals to attend the Health Fair.

Visit the Asian Cultural Festival 2008 website at www.asianculturalfestival.org

Nature and Purpose of the Health Fair

Planners of the Asian Cultural Festival 2008 and Health Fair have developed a strategy in conjunction with leaders of the organizations comprising the Asian American Council (AAC)* to bring approximately 500 members from our Asian Communities for screenings and health information. In addition to serving the general public, we anticipate that our Health Fair will help reduce economic, social, and cultural barriers that have prevented some of our members from accessing health care programs and services.

***Asian American Council (AAC), Dayton, OH**

General Mission

The Asian American Council, Dayton, Ohio, works to promote full participation in democratic processes, develop awareness and appreciation of the diversity of Asian American Cultures and their role in American history, and to promote the health and wellness of its members through strong partnerships that empower Asian American/Pacific Islander individuals, families, and communities.*

Organizations Comprising the Asian American Council

Dayton Area Korean Association

Dayton Association of Chinese Americans

The India Club of Greater Dayton

American Indo-Pak Cultural Association

Japanese American Citizens League

Philippine American Society of Greater Dayton

Sikh Society of Greater Dayton

Vietnamese Association of Greater Dayton

Asian/Hispanic/Native American Center

*Additional information is available at the **AAC website:** <http://iis.stat.wright.edu/aac-dayton>